

Coordinator's Message

Tadashi Ishida

Even though the summer heat wave continues day after day, Noriko comes to class from a nursing home by taxi. She is 93 years old and always eager to improve her English. She started studying English from the bottom up at the age of 70.

What are the benefits of studying for older learners?

80% reported a positive impact.

58% improved their enjoyment of life.

56% improved their self-confidence.

36% could cope better with everyday life.

(Dench & Regan, 2000)

I think these benefits of studying could enable her to live longer.

People who have something to do and look forward to tend to be in a much better state in a nursing home.